

Laser hair removal is provided at Capital Health Medical Center – Hopewell by:

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# LASER HAIR REMOVAL



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Women and Men. Gain freedom and confidence with laser hair removal.

Free yourself from the constant need to shave and wax unwanted facial and body hair in order to feel and look your best. With laser hair removal, just a few simple treatments are all it takes to permanently minimize hair growth, revealing clear, silky skin that's ready to bare every day—and all year long.

Unlike shaving that lasts days, waxing that needs to be repeated every few weeks indefinitely, or electrolysis that's tedious, permanent laser hair reduction is a lasting solution that takes away the everyday hassle of dealing with unwanted facial and body hair.

The secret lies in the laser technology that targets and destroys hair cells responsible for hair growth without harming surrounding skin. It's a simple approach to permanent hair reduction that's fast, easy and FDA-approved.

Treatment sessions take just minutes and are practically pain-free. No more waiting. Your permanent hair removal solution is here.



#### What areas can be treated?

Permanent laser hair reduction can remove hair from faces (except around eyes), backs, chests, arms, underarms, bikini lines and legs.

#### Am I a good candidate for this procedure?

Permanent laser hair reduction is available for most skin types, including very light and dark skin, and most hair colors. Your provider will determine if you are a good candidate for the procedure based on a variety of factors.

#### How does it work?

Lasers emit a powerful beam of light that targets and destroys the hair follicles responsible for hair growth without harming surrounding tissue, so there's minimal risk.

#### How long does it take?

Permanent hair reduction treatments take just minutes for small areas and about a half hour for larger areas.

### How many treatments will I need?

Between three and six treatment sessions are recommended for the best outcome. Laser hair removal technology can only affect hair in active phases of growth, so several treatments are needed to affect all your unwanted hair. You do not need to let hair grow out between treatment sessions. Our practice provides treatments over a year-long period, spaced six weeks apart until hair is gone.

# What will the treatment feel like?

Some patients may experience a mild pinching or stinging sensation. No local anesthesia or pain medication is typically required, however some patients may prefer to use a topical anesthetic when sensitive areas are treated.

# How quickly will I recover?

You can resume regular daily activities immediately following treatment.

#### Are there any side effects?

Typically, most people experience a mild, sunburn-like sensation, possibly accompanied by some minor swelling, immediately following the treatment. This usually lasts two to 24 hours. Ask your provider to discuss other possible side effects and the necessary post-treatment care with you.

